

CORONAVIRUS – STUDENT GUIDE

It is important to note that Covid-19 is still with us. We will continue to advise you to get vaccinated if you haven't already, stay at home if you feel unwell and avoid contact if you test positive, we encourage you to wear a mask in crowded spaces/on public transport and to remember the needs of the more vulnerable members of our community.

Get the latest government information about COVID-19 here: [Living with Covid-19](#)

What should I do if?	Next Steps
<p>I have tested positive using a lateral flow device.</p>	<p>Report your Covid-19 absence to the college reporting team so they can record your absence and arrange for work to be sent home.</p> <p>✉ covid19reporting@longroad.ac.uk</p> <p>☎ 01223 631227</p> <p>To protect our community, you are strongly advised to isolate for 5 days from the start of symptoms, or positive test result and, until there is no fever for 48 hours and you are able to show a negative lateral flow test taken on days 5 and 6 of your self-isolation, at least 24 hours apart. You can return to college on day 6 if the negative test is taken early enough. If either of the test results are positive, you should continue to self-isolate until you get two negative LFD results on consecutive days, or until you have completed 10 full days of self-isolation, whichever is earliest.</p> <p>Please keep us updated so we can ensure we have the right marks on the register.</p> <p>Free LFTs are still available at college and we encourage everyone to continue to test twice a week until further notice.</p>

<p>I have one of the four recognised symptoms of Covid-19.</p> <p>These are:</p> <ul style="list-style-type: none"> • Fever • Continuous new cough • Loss of taste • Loss of smell 	<p>Until the 1st April, when the service is removed, we will continue to advise symptomatic students to self-isolate and obtain a PCR test.</p> <p>Report your Covid-19 absence by email or phone.</p> <p>✉ covid19reporting@longroad.ac.uk</p> <p>☎ 01223 631227</p>
<p>I have tested positive by PCR.</p>	<p>Report your Covid-19 absence to the college reporting team so they can record your absence and arrange for work to be sent home.</p> <p>✉ covid19reporting@longroad.ac.uk</p> <p>☎ 01223 631227</p> <p>To protect our community, you are strongly advised to isolate for 5 days from the start of symptoms, or positive test result and, until there is no fever for 48 hours and you are able to show a negative lateral flow test taken on days 5 and 6 of your self-isolation, at least 24 hours apart. You can return to college on day 6 if the negative test is taken early enough. If either of the test results are positive, you should continue to self-isolate until you get two negative LFD results on consecutive days, or until you have completed 10 full days of self-isolation, whichever is earliest</p>
<p>I feel unwell and suspect it might be Covid-19.</p>	<p>We continue to encourage you to use LFTs to test twice a week until the end of term. If you test positive, you are strongly advised to isolate for 5 days from the start of symptoms, or positive test result and, until there is no fever for 48 hours and you are able to show a negative lateral flow test taken on days 5 and 6 of your self-isolation, at least 24 hours apart. You can return to college on day 6 if the negative test is taken early enough. If either of the test results are positive, you should continue to self-isolate until you get two negative LFD results on consecutive days, or until you have completed 10 full days of self-isolation, whichever is earliest</p> <p>Report positive Covid-19 test results by email or phone.</p>

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<p>I am self-isolating but I feel too unwell to complete college work.</p>	<p>Inform the Covid-19 reporting team and they will register your explained absence until you feel well enough to work again.</p> <p>✉ covid19reporting@longroad.ac.uk</p>
<p>I have been self-isolating for five days and my lateral flow test is still positive.</p>	<p>Email the Covid-19 reporting team to report that you are continuing to self-isolate until you have two negative test results taken 24 hours apart up to 10 days of self-isolation.</p> <p>✉ covid19reporting@longroad.ac.uk</p> <p>This will ensure teachers continue to send work home, and make sure the registers are updated.</p>
<p>I have come into close contact with someone who has tested positive for Covid-19</p>	<p>You are no longer required to self-isolate but we encourage you to continue daily lateral flow testing for 7 days, and self-isolate if you test positive for Covid-19.</p> <p>Remember to report positive test results to the Covid-19 reporting team.</p> <p>✉ covid19reporting@longroad.ac.uk</p> <p>☎ 01223 631227</p>

How to Return to College using Lateral Flow Device Testing

