
Welcome to Long Road Year 1 Parent & Carer Talk



Welcome

Steve Dann, Principal

Chris Childs, Deputy Principal

Steven White, Director of Student Care, Guidance and Progression





College Community

- Code of Conduct based on respect and personal responsibility
 - Mobile phone policy- out of sight, out of mind
 - College Communication—Teams, VESPA, Outlook
 - Vaping and smoking- away from college
 - Safety and identification –ID Cards and no visits/visitors
 - Attendance - self-reporting –no ‘authorized’ absence
- 





Exams and Access Arrangements

- Several Exam series (November GCSE, January Applied, Summer - everything)
 - Mocks and Key Assessments are low -stakes practice
 - Access Arrangements have to be reapplied for at Long Road.
 - We can use existing evidence for GSCE retakes
 - Additional evidence needed for Level 3 (A Level and Applied)
 - Must be 'normal way of working' not just for exams
- 



VESPA – Mindset

V	Vision	Do you know what you want to achieve?
E	Effort	How many hours of independent study do you do?
S	Systems	How do you organise your learning and time?
P	Practice	How do you practice to improve your study skills?
A	Attitude	How do you respond to setbacks?

Cumulative impact of the secrets of the successful - VESPA

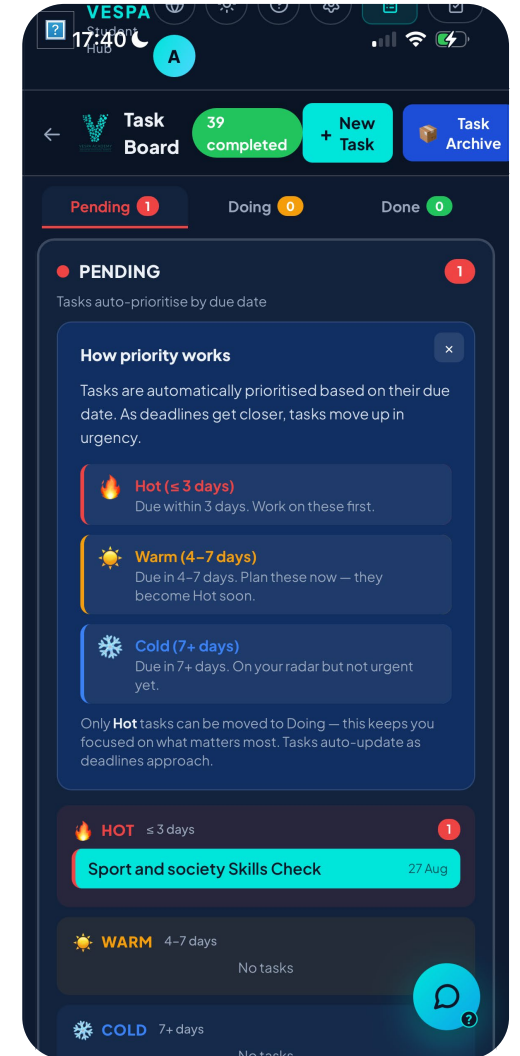
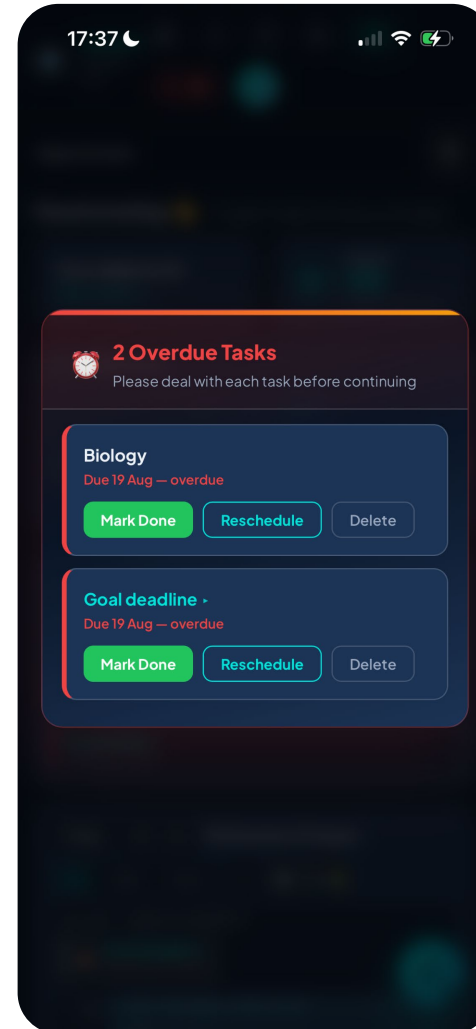
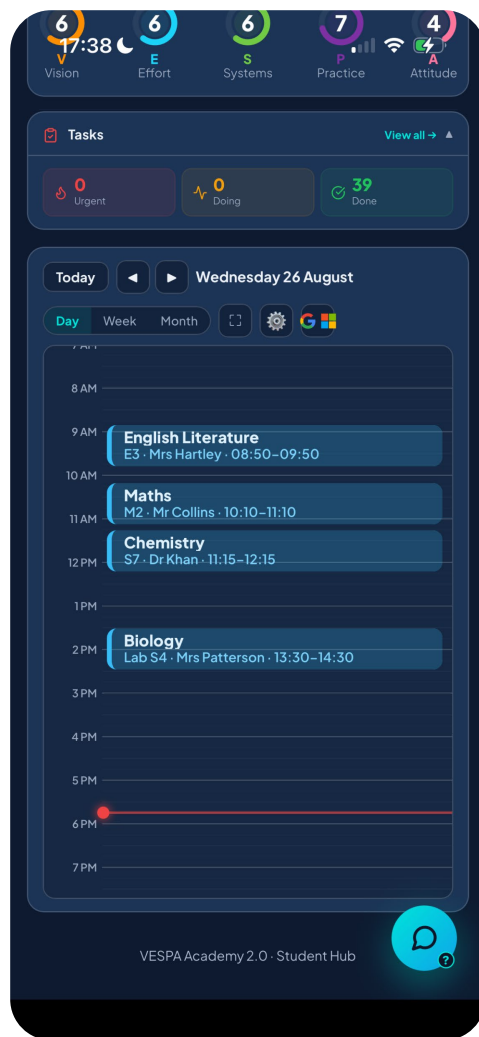
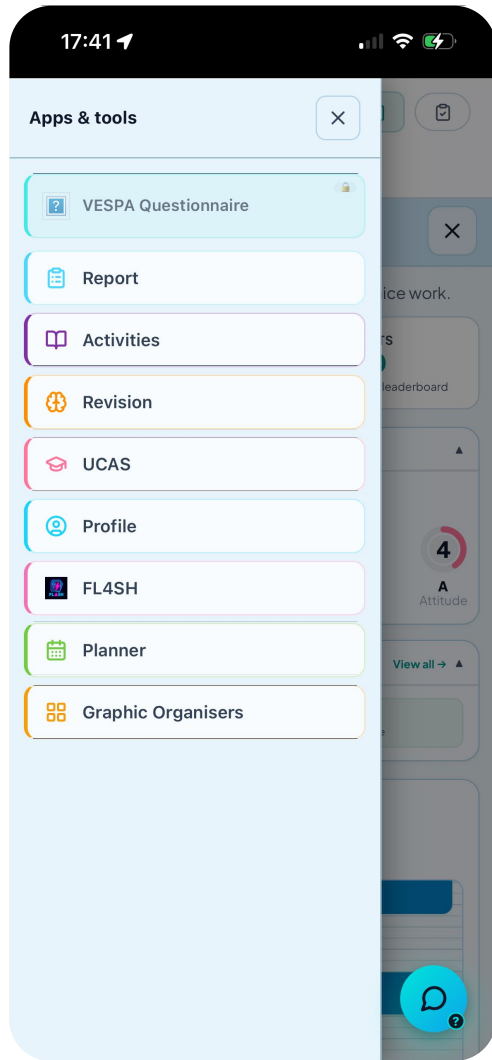
Secret	VA +	VA -
Turn up	0.33	-0.42 75%-80% under 75% is -0.74
<i>Turn up</i>	0.17	-0.26
Work harder	0.30	-0.33
Revise harder	0.13	-0.17
Do more	0.14	-0.01 only EPQ
Be ambitious	0.27	-0.22
Total	1.34	-1.41

For context, a **C grade or Merit subject prediction** based on GCSE scores, can be turned into an **A , D*** or **6 in GCSE** with application of the learner traits and **an E or Pass grade or a 2 in GCSE** without applying these learner traits

SIS – Structured independent study

- Students are expected to complete **4–5 hours of independent study per course per week**. This expectation will be **explicitly scaffolded in Year 1**, with structured guidance and regular checking, and **embedded as a habit in Year 2**, where independence is increasingly assumed.
- These hours should not be viewed as homework in the traditional sense. Instead, they comprise a balanced programme of activities designed to reinforce learning, develop skills, and prepare students for summative assessment and progression.

VESPA Platform and App



Outcomes Vs performance -National SFCs

Grade		Attendance
A*	D*	95.5%
A	D	94.6%
B		93.0%
C	M	91.4%
D		89.6%
E	P	87.7%
U	U	84.4%

Attendance vs performance at LR

	ALPS
0%-85%	7
85%-90%	4
90%-95%	3
95%+	3

ALPS is a L3 value added system used across England and Wales. For context, a score of **9** is **bottom 10%** of VA performance in the country , a score of **1** is the best course in the country top 1%. **A score of 3 is regarded as exceptional value added** (how much value we add against the GCSE score across the 2-year course/s)

Key dates in Year 1

Event	Event dates
KA1 & CA1	Nov 16th - 18th
Parent consultation 1	Dec 8th -9th
GCSE resits Eng and Maths	Nov 2026
Progress audit 1	Nov 16th
L3 applied external assessment	Jan 5th – Jan 15th
KA2 & CA2	Apr 12th - 14th
Crim year 1 internal controlled assessment	Feb 11th - 12th
KA3 & CA3	Jun 14th - 16th
L3 applied external assessment	May - June 2027
Progress audit 2	Apr 12th
Parent consultation 2	June 8th - 9th
References and predicted grades	June 1st - July 14th

Key dates for Level 2/GCSE

Event	Event dates
GA1 – optional window	Oct 5th - 7th
GCSE resit exams Eng and Maths	Nov-26
Progress audit 1	Nov 16th
Parent consultation 1	Dec 8th -9th
L2/GCSE references	Start of Jan to Jan 27th
GA2	between Dec and Jan
GA3 – Mock	Mar 1st - Mar 5th
Progress audit 2	Apr 12th
Parent consultation 2	Mar 23rd - 24th
GCSE external assessment	May - June 2027
Study Leave	Starts May 24th

Cover arrangements

- There are no cancelled lessons
- If a member of staff is unable to teach their lessons, work will be set via Teams and a member of staff will be at the start of the lesson to instruct students and take a register
- Students post 16 would be expected to work independently with the work set via Teams
- If staff are away for more than 3 working days, we will use cover agency staff and existing staff to teach their lessons

Student Care, Guidance & Progression

Steven White

Director of Student Care, Guidance and Progression

- Aims of the Guidance Team
 - How do I contact my Progress Coach?
- How does the Guidance team work with students?
 - 1to 1 support - Progress Reviews
 - Group support - Tutorials



Melanie
Moore



Steven
White



Ryan
Johnson



Long Road Guidance Team

- Developing resilience to succeed academically
- Exploring next steps / future vision
- Accessing experiences to realise vision

To do this we work in partnership with:

- curriculum/teachers
- careers team
- additional learning support
- welfare



Isabelle Bennett
Humphries



Melanie Moore



Ryan Johnson



Steven White



Jenny Rasmussen



Ellie Course



Kostas
Kosmatopoulos



Michael
Greenhalgh



Maya Wijemuni



Koray Akyazi



Lisa Kennedy



Hannah Brewer



Chloe Jack



Mercedesz Milner



Owain Robinson



Shuma Begum



Lauren Reynolds



Guy Fischer



Shalom Tse



Leonie Garner





Progress Coaches

What's a Progress Coach?

Every student has a Progress Coach

Supporting academic success at college and progression in the future

- Based in team offices
- Accessible at different points in the day

Support delivered through 1 to 1 and group (tutorial) sessions

Helping students take their next steps

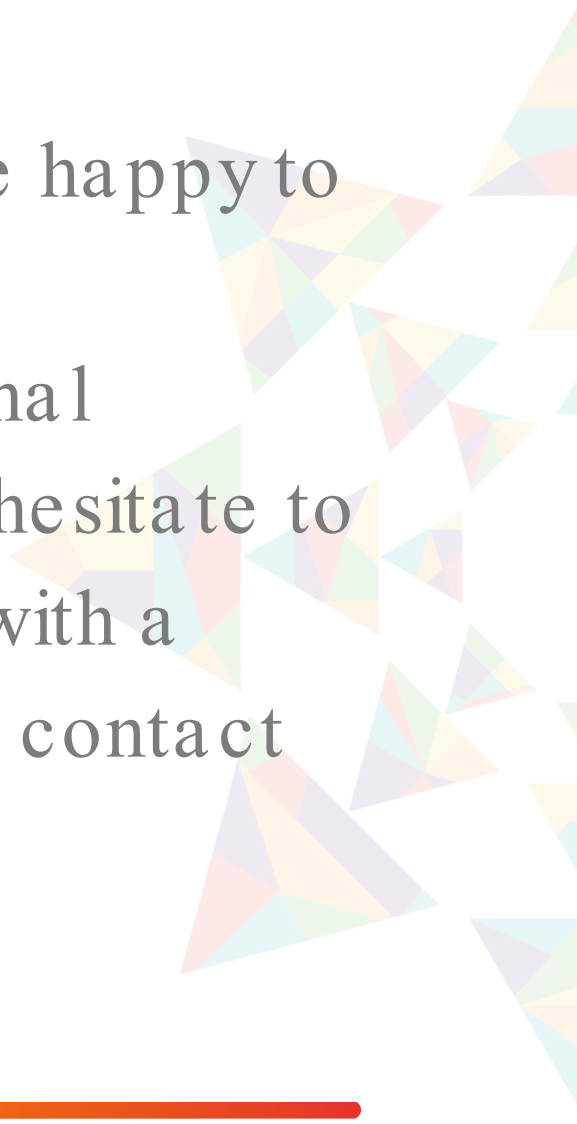
- How to search for work experience
- Supporting research on careers and apprenticeships
- Helping with university applications
- Addressing attendance and work concerns

Contacting Progress Coaches

Providing a link for parents/ carers

You will all receive an email introduction this week

Progress Coaches will be happy to signpost you to another department e.g. Additional Learning Support. Don't hesitate to contact! (If the issue is with a specific subject –please contact the teacher)



Directors of Student Care, Guidance & Progression

All students have a Director:



Melanie
Moore



Steven
White



Ryan
Johnson

Dealing with more complex pastoral and disciplinary concerns.

Please make sure we have your correct email and phone number as this is the way they will contact you if needed.





Course change

One more opportunity to consider options moving forward

If a student is qualified and it **suits their progression aims**, we currently have one more opportunity to change subjects *if* there is availability in the class

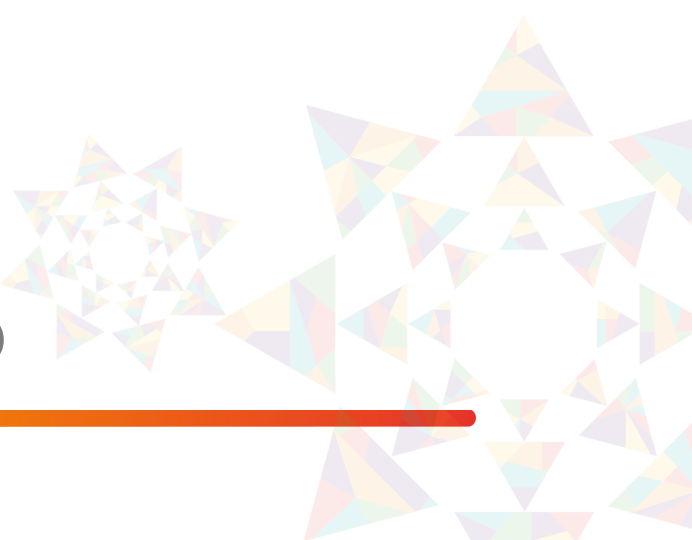
- Discuss with Progress Coach for advice and guidance
- Fill in the course change form which includes a parent / carer signature
- Complete the summer work
- Attend a session with a Director in E3 and bring the summer work

Tuesday and Weds plus time 2.40

Friday 3.30

Students should attend all classes until they are informed if space

Contracted to plus time until new Course Team Leader is satisfied work is caught up



1 to 1 meetings

All students have been given a 10 min check in appointment in first two weeks of term

- What do we need to help you with right away?
- What do you need us to know?
- How are your courses going?

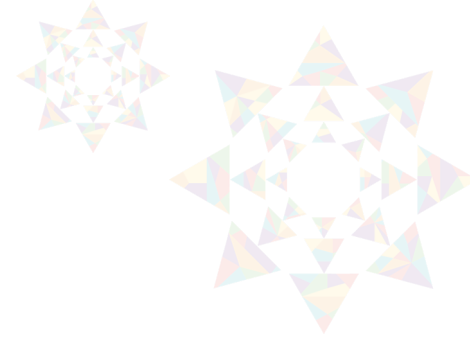
Before half term –Progress Reviews

Longer 20 min meeting – Appointment sent by email

Discussion focused on:

- Vision – what do you want to achieve and how can we support you?
- Are you coping with L3 work? How to plan and adjust
- Using VESPA profile to identify strategies to be more successful
- Making specific action plans and logging skills and work experience





Group Sessions

Key themes in tutorial designed for KS5

Compulsory, but once a week only

Theme 1: Transition to L3

- Systems and Practice
- **Expectations of Level 3** study
- Managing study time

Theme 2: Progression (Vision)

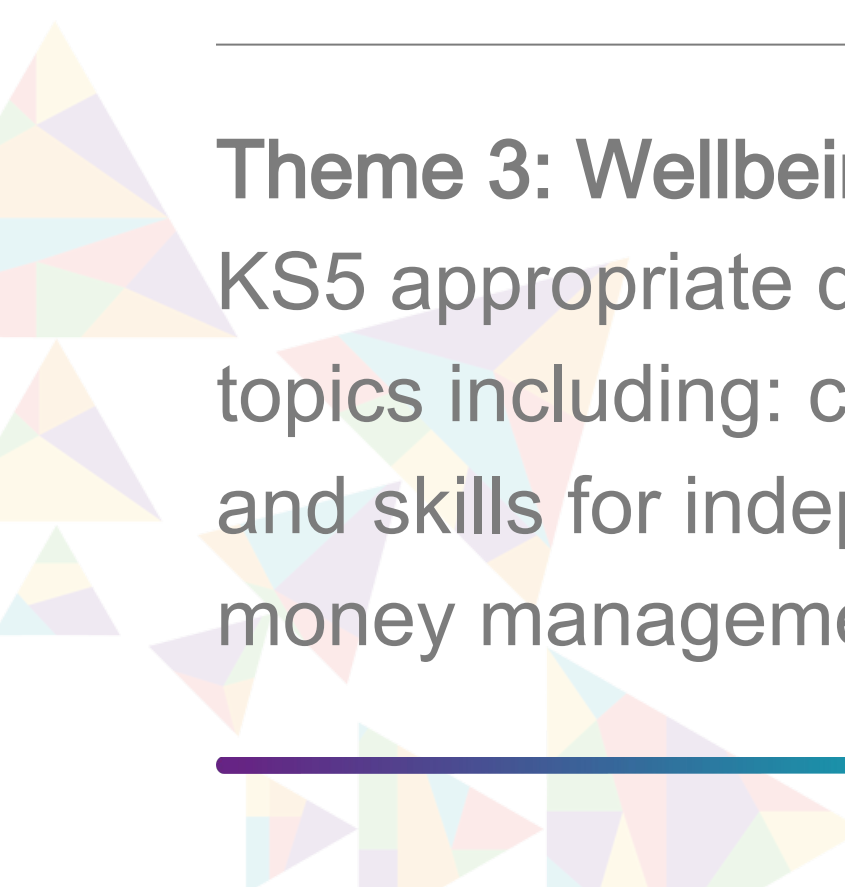
- Exploring vision through tools on **Unifrog**
- Employability skills
- Searching for and applying for **apprenticeships**
- Researching university options **UCAS** process

Theme 3: Wellbeing and resilience

KS5 appropriate discussion on range of topics including: consent; mental health and skills for independent living–e.g. money management

Theme 4: Active citizenship

- Reflecting on where you get your information from –how to think critically about sources
- **Voting** and democracy –importance of registering



Introduction to Careers at Long Road

What we
offer...

One-to-one
guidance

Unifrog
support

Employer class
talks

Workplace
visits

Employer-led
challenges

Mock
Interviews &
CV Writing

Careers Fair

Apprenticeships
Parents' Event

Volunteering

Work
Experience

Online & virtual
careers
resources

- **Coming up...**

- Starting 13 Oct: Gap Year Challenge
- 14 Oct: Sookio Creative Careers Challenge – 4 week programme
- 15 Oct: Careers Fair c. 30 companies
- 20 Oct: Degree Apprenticeship Preparation Programme

Planned for later this year

- Feb: Apprenticeships Information Evening – students and parents – c. 30 – 35 companies, colleges, universities
- Monthly University Drop-in Advice Stands, LRC
- Dec/Jan: CV and Mock Interview Clinics – dates TBC
- Ramboll Engineering Challenge – 4 week programme
- PE and Sports Careers Fair

Students should look out for emails with instructions how to signup for events

Careers Space



CS **Careers Space**

[Home](#) [Further and Higher Education](#) [Apprenticeships](#) [Work Experience advice](#) [Job Seeking](#) [Careers Resources](#) [Volunteering](#) [Work experience - current vacancies](#) ...

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Welcome to Careers Space

This is where you can find all things careers related. The latest opportunities from employers are displayed below. Scroll down further for information and to book a personal careers guidance session. Please Follow this page to keep updated by clicking on the star symbol ab

New Opportunities

[+ Add](#)



PLAYWORKER WANTED – AFTER SCHOOL CLUB

Abington Annexe Community Childcare are looking for a...

Emma Greenhill 22 hours ago
40 views



The Newcroft Club Afterschool and Holiday Club are hiring!

It is a great first job for college students, no matter their...

Emma Greenhill yesterday
28 views



Volunteer Abroad with Project Trust

Emma Greenhill 3 days ago
46 views



Medical & Dental Interview Guidance Confidence Coaching webinar - 19 :

MediBrain UK, is an organisations set up l

Emma Greenhill 23 hours ago
23 views



Bright Stars Scholarship with Spec :

Thinking about a medical career? Take a l

Emma Greenhill 2 days ago
39 views



Work experience with British Antarctic Survey (BAS) welcomes s

Emma Greenhill 3 days ago
26 views

- SharePoint site with advice on all career routes
- Updated weekly with new opportunities
- Book a guidance session

Enrichment

Sport

On-campus indoor and outdoor sports facilities:

Team Sports Football, Basketball, Hockey, Rugby, Netball

Matches and training Weds afternoon

Throughout the week: Badminton, Volleyball, Table Tennis, Running Club

Gym on site

Aim Higher

- Degree Apprenticeship Preparation Programme
- Russell Group and Oxbridge preparation
- Medsquad

Student Societies

Wide range of student clubs and societies through the week. Student-led, so they focus on what YOU are interested in.

- Pride Club
- Multi-Cultural Society
- Duke of Edinburgh Gold
- Choir
- Dance



Working with individuals

A key purpose of tutorial

- building regular contact and working relationship between the student and the Progress Coach

When we know the individual, we can offer guidance that suits you

Encourage students to come and talk to us!

