



**LONG  
ROAD**

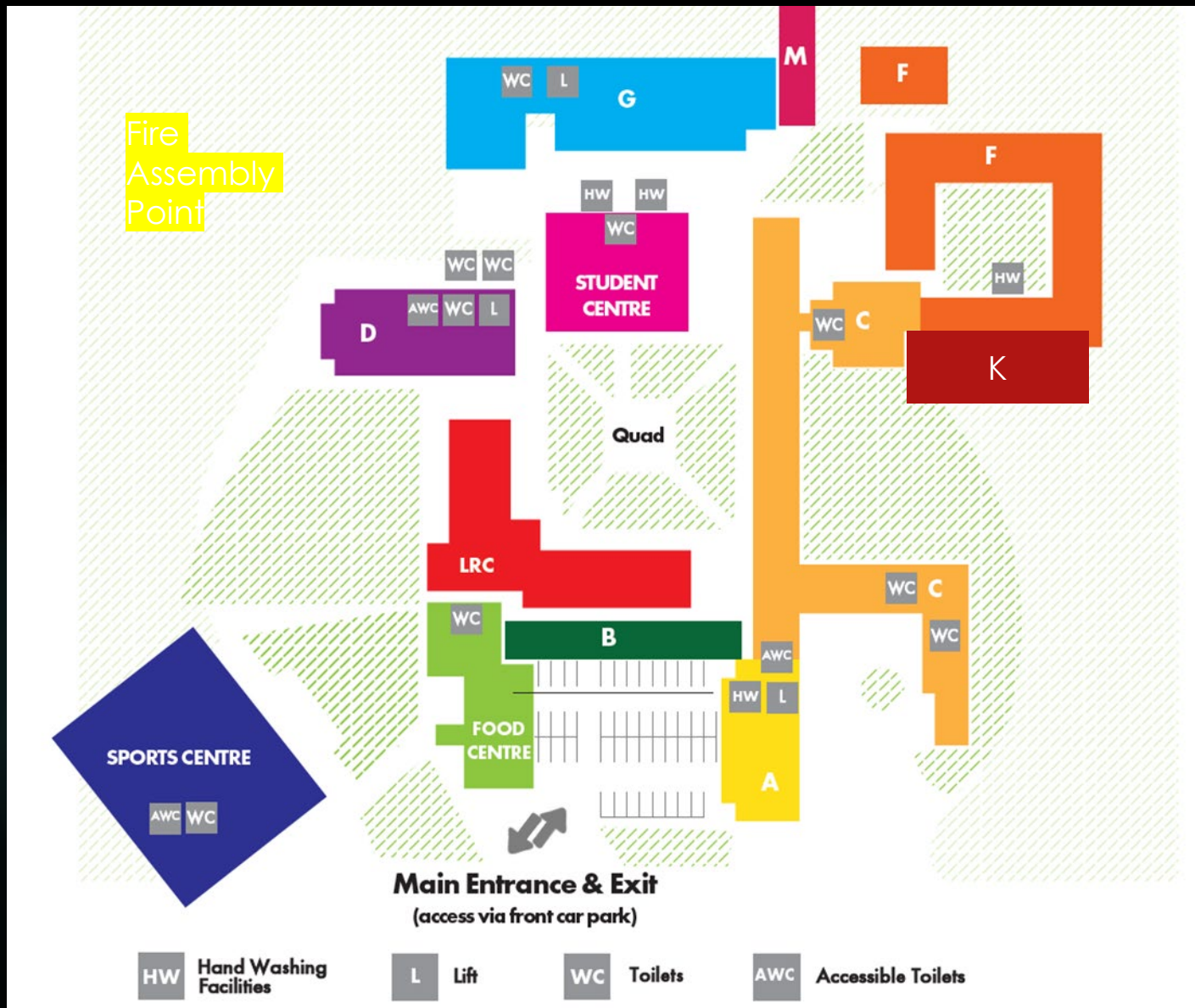
SIXTH FORM  
COLLEGE  
CAMBRIDGE

Year 2 Returners Day

**WELCOME BACK!**

# IN CASE OF FIRE

- ▶ There is no fire drill today
- ▶ In case of any alarm, **always** assume it is real
- ▶ Under direction of your teacher, evacuate the building and go to the field (see map)
- ▶ If you are not in class – leave the building and go to the field
- ▶ There are yellow signs by the door showing the quickest route. Read these.



# Lockdown & 'run, hide, tell'

Welcome to the VLE of LRSFC  
Use of this system is covered by the college IT Acceptable Use Policy and the Janet Acceptable Use Policy.

**CLICK CEOP**  
Internet safety

For advice, help or to make a report about Internet mis-use, visit CEOP the police crime/safety website.

Navigation

- Home
  - Dashboard
  - Site pages
  - My courses
    - Induction
    - Hub
    - DigiLit
    - A\_Geography
    - BTECMusicNational
    - MoodleTraining
    - StaffITTraining
    - LongRoadVSR
    - TeachLearn
    - Moodle2016
    - ElectionDec19

ARE YOU REGISTERED TO VOTE?  
Register to vote

nus extra  
Find out about NUS Extra

TOP MENU

Access College Email  
To access your college email just go to [longroad.email](mailto:longroad.email) in your web browser!  
Or use the Microsoft Outlook app on your phone, tablet or laptop - visit [office.com](http://office.com) to get the app.

## health assured

### Your Wellbeing Services

- Home Life Support
- Physical & Emotional Health
- Student Life Assistance
- Wellbeing Resources
- Health Calendar
- 4 Week Self-Help Programmes
- Webinars
- Mini Health Checks
- My Healthy Advantage app

Download 'My Healthy Advantage'  
Unique code:   
GET IT ON Google Play | Download on the App Store  
[healthassuredapp.com](http://healthassuredapp.com)  
Username:   
Password:

Don't forget, you can always call our FREE 24-hour Confidential Helpline:

Need to talk?  
We're online now to help until 10pm  
[CHAT TO US NOW](#)

Kooth is a free, safe and anonymous online support service for young people.  
There's always someone you can talk to.

**SAMARITANS**  
116 123

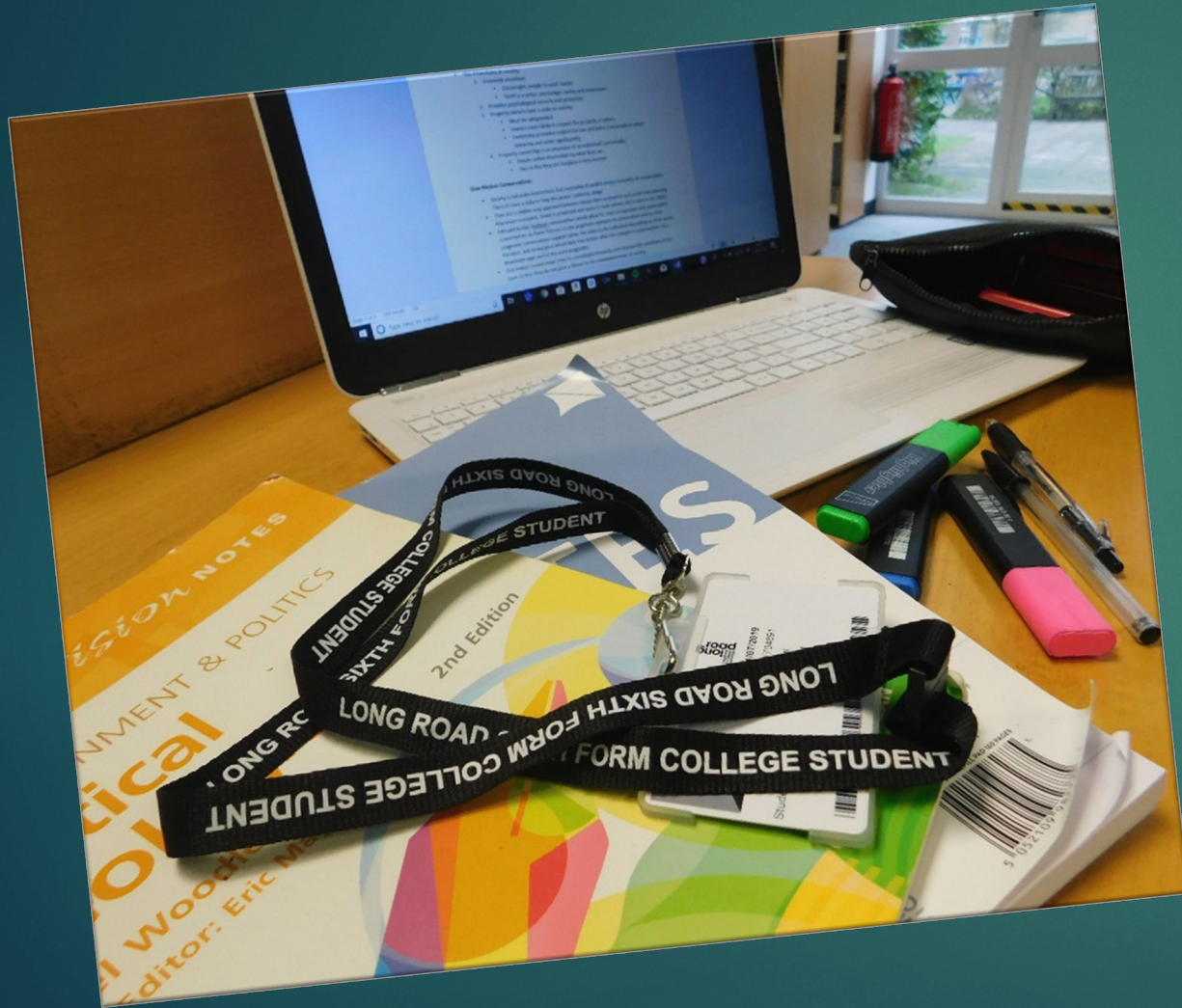
Preventing vulnerable individuals from being radicalised  
Prevent Extremism on the Hub

CLICK ON THE PLAY BUTTON ABOVE TO LISTEN TO THE COLLEGE LOCKDOWN ALARM

14:27  
04/09/2023

<https://moodle.longroad.ac.uk/moodle/>

# Id cards



- ▶ You must show ID whenever entering college.
- ▶ You must sign into Reception if you forget your ID card.
- ▶ You do not have to wear lanyards



## New Entrance

- Likely to be operational mid-October
- Barriers
- No card, no entry
- Buy replacement card



# Bikes and Scooters

- ▶ New cycle racks will be ID card access only
- ▶ Don't lock to the fence
- ▶ Bikes locked inappropriately will be removed and the lock cut off

# Smoking & vaping



You are not allowed to smoke or vape anywhere in college

You must not block paths or disturb local residents

You must not gather in large groups blocking pavements

Be safe

# Drugs & Alcohol

- ▶ No excuses
- ▶ Caught with, or under the influence
- ▶ Immediate suspension
- ▶ **Permanent Exclusion is likely**
- ▶ Police involvement
- ▶ The right to search







## Our aim this year

Every student who leaves Long Road should have:

achieved the best grades possible  
a clear sense of where they want to go next, and have the information they need to take the next steps.

# ATTENDANCE and GRADES

Grade	Attendance
A*	95.5%
A	94.6%
B	93.0%
C	91.4%
D	89.6%
E	87.7%
U	84.4%

## ▶ Isabelle Bennett Humphries

- Assistant Principal: Student Care, Guidance and Progression

### ▶ Today:

### ▶ How is Year 2 tutorial different?

### ▶ UCAS:

- ▶ Can my predicted grade change?
- ▶ What are the UCAS deadlines?
- ▶ What help is available for UCAS?



# 10

## Year 2 tutorial – How is it different from year 1?

Today and 9 more sessions between now  
Look out for if your group is marked **Week A or B**  
Week A next week – Reminders (it is registered)

**What type of issues are covered?**

**Managing step up to Year 2:**

How are you responding to feedback from exams and assessments?

**Progression –**

- Careers and courses – Application and choices...

**Independent living and finance –**

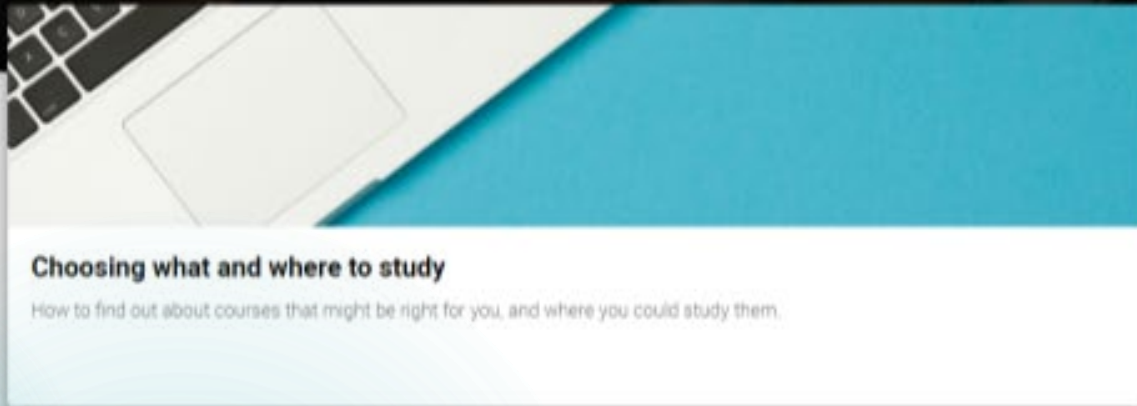
are you ready to leave Long Road?

- (Advice from ex-students about what they wished they had known..)



# Undergraduate

Studying a degree at university, college, or a conservatoire



**Choosing what and where to study**  
How to find out about courses that might be right for you, and where you could study them.



**CLEARING**  
We're here to help  
Call now on: 0113 812 3113  
[VIEW CLEARING COURSES](#)  
LEEDS BECKETT UNIVERSITY

Advertisement. Why the ads?



**UK TOP 5**  
FOR STUDENT SATISFACTION  
National Student Survey 2018  
0800 094 9071

Advertisement. Why the ads?



# UCAS Applications



# Predicted Grades

- ▶ Based on Year 1 grades - you already know
- ▶ Then evidence from early Year 2 work (KA5, summer exams)
- ▶ Draft reference has been written by teachers
- ▶ Teachers will only be able to change until Oct half term

# UCAS Deadlines

**Early Applications** – Medicine, Oxbridge etc –

Read your emails and respond to Chloe and Steven now! Personal Statements should be done and you are making final changes to applications

Want your **Personal Statement** reviewed? 24th October

Want your **application in by Christmas?**  
- Pay and send by **21st November**

**Final deadline** – **5th December**

# UCAS



# 1 to 1 support?

**Progress Coach drop in:**

**Year 2 Plus time Tuesday 16th and  
Weds 17<sup>th</sup> Sept**

**20 min appointment after half term** –  
this is your 1 to 1 appointment time –  
you don't get repeat

**After that it is group sessions only –  
don't miss it**

- **Tutorial** - **UCAS workshop**





Introduction  
to Careers at  
Long Road

September  
2025

# What we offer...



# Careers guidance meeting

- Think about your goals – what do you want to achieve
- Plan early
- Get advice! Book [Careers Guidance](#)



# Main Careers Events, 2025-26


- 22 Sept: ARU Drop-in Advice Stand, LRC
- 7 Oct – 18 Nov: Sookio Creative Careers Challenge
- 8 Oct – 10 Dec: Ramboll Engineering Challenge
- 16 Oct: Careers Fair c. 30 companies
- 21 Oct: Degree Apprenticeship Preparation Programme
- 23 Oct: Chelmsford Science Festival, ARU
- 4 Nov: Green Careers Week – Stickerbook launch
- 19 Nov: How to build a creative career – expert panel
- Dec/Jan: CV and Mock Interview Clinics – dates TBC
- 10 Feb: Apprenticeships Information Evening – students and parents – c. 30 – 35 companies, colleges, universities
- 12 Mar: PE and Sports Careers Fair
- 29 Jun: Work Experience Week starts

# Careers Space – Follow it!

- SharePoint site
- Book a guidance session
- Updated daily



A screenshot of the SharePoint 'Careers Space' page. The page features a purple header with the 'Careers Space' title and navigation links for 'Home', 'Further and Higher Education', 'Apprenticeships', 'Work Experience advice', 'Job Seeking', and 'Careers Resources'. Below the header, there are options for '+ New', 'Page details', 'Preview', and 'Analytics'. The main content area is titled 'Welcome to Careers Space' and includes a paragraph explaining the site's purpose. Under the 'New Opportunities' section, there are three featured posts: 'GCSE and A-level Exam Results Day: Everything You Need to Know (Updated for 2025)', 'Find an apprenticeship - GOV.UK', and 'Summer Employment Future'. Each post includes a thumbnail image, a title, a brief description, the author's name, and the time since it was posted.



# Sookio Creative Careers Challenge

- Starts 7<sup>th</sup> October
- Led by experts in marketing and communications
- Open to all students doing any subject, especially English, Art, Graphic Design, Media etc.
- Four Plus-Time sessions ending in a full day activity
- Book here – hurry, places limited!





# Ramboll Engineering Challenge

- Four weekly sessions starting 8<sup>th</sup> October
- Led by engineering professionals from Ramboll
- Open to anyone but of special interest to Maths, Physics, and DT
- Visit to the Department of Engineering, University of Cambridge – build and race electric model cars, tour
- Limited places – book now!



# Degree Apprenticeships Preparation Programme

- 9.00am – 4.10pm, Tuesday, 21<sup>st</sup> October 2025
- Led by successful degree apprentices from Long Road and others
- Very competitive application process, several stages
- If you're thinking about applying, start preparing now!



# Key activities on Unifrog

## Interests profile

✓ Quiz last taken 25 May 22: C and S and E



## Activities

✓ Recorded at least 10



## Personality profile

✓ Quiz last taken 2 Dec 24: INTJ



## Skills

✗ Completed all 12



## Work environments profile

✓ Quiz last taken 25 May 22



## UK universities

2 shortlists



## Skills profile

✓ Quiz last taken 16 Jan 23



## Apprenticeships

4 shortlists



## Post 18 Intentions

✗ Plan A and Plan B complete





# Virtual Reality

- [Bodyswaps® Immersive VR Soft Skills Training Library](#)
- [Work Experience - 360-degree, immersive videos – YouTube](#)
- Book a VR headset from the Library desk or scan QR Code:

<https://forms.office.com/e/GzS0TZZTKx>



# How to get careers support



Use

Use all the resources available to you on [www.unifrog.org](http://www.unifrog.org)



Visit

Visit Careers Space [Careers Space - Home \(sharepoint.com\)](https://sharepoint.com) or via Moodle



Ask

Ask your Progress Coach, Tutor, or teacher to refer you for a Careers Guidance Session



Attend

Attend all Tutorials which include support and guidance on careers



Book

Book a careers guidance session directly here [Careers Guidance \(office365.com\)](https://office365.com)



Email

Email [careers@longroad.ac.uk](mailto:careers@longroad.ac.uk) for advice



Book

Book employer talks, workplace visits, careers fairs, mock interviews, and other careers events and activities when advertised – READ YOUR EMAILS!



Look out

Look out for our regular weekly email listing the latest opportunities

# Your Careers and Employability Team

**Tariq Sadiq**  
Careers and Employability Lead  
[tsadiq@longroad.ac.uk](mailto:tsadiq@longroad.ac.uk)  
Ext. 1225

**Emma Greenhill**  
Careers Assistant  
[egreenhill@longroad.ac.uk](mailto:egreenhill@longroad.ac.uk)  
Ext. 1117

**Geordie Bailey**  
Project Co-Ordinator  
[gbailey@longroad.ac.uk](mailto:gbailey@longroad.ac.uk)  
Ext. 1226

- Located in the Learning Resources Centre

