

Year 1 Applied Psychology summer work

Welcome to the Applied Psychology Summer Work. Its purpose is to get you ready for studying Applied Psychology at Long Road. It should also give you a clear taste of the subject.

It is also an opportunity for you to demonstrate to us (your teachers) how committed you are to studying, how much effort you put into your work and how well you can read and write.

DID YOU KNOW: the Halo effect is a type of cognitive bias in which teacher's overall view of a student (their character, ability) is influenced by the quality of their first impression (ie the summer work). So make your first impression a good one!

Instructions:

1. Answer all questions on this document pages 1-14 - either write in the spaces on this doc OR make your own
2. Print it off
3. Submit it to your teacher on first day

Deadline: First day of college

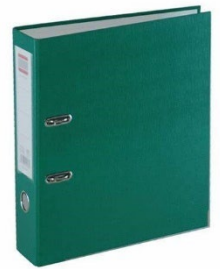
Checklist for first day:

Have you?	Y/N
Brought a pen?	
Brought an A4 pad of lined paper (holepunched)?	
Brought a folder?	
answered and numbered all questions?	
Written name clearly written on all work?	
Printed off all work?	

Task 1: Be Prepared

As a Level 3 student we expect you to develop the skills of independent learning, and this will be the biggest change from GCSE as you need to do a minimum of 4 hours a week private study for the best chance of success. Organisation is key to this, so please bring with you to your first lesson the items listed below:

- a ring binder folder, **NOT** an exercise book
- dividers
- plenty of pens
- A4 paper (holepunched)



Task 2: studies

You will need to learn about many studies on this course. A study is piece of scientific research that have been conducted by psychologists to test theories or treatments.

Watch the clips of these three studies and answer the questions that follow

Clip 1: Little Albert

<http://psychology-4-everyone.blogspot.com/2012/02/infamous-case-of-baby-albert-1920.html>

1. What was the purpose of the study?

2. Describe the procedure in the experiment

3. What were the findings from the experiment?

4. What does the research tell us about human behaviour?

5. Which approach does this link to?

Clip 2: Phineas Gage - <https://www.youtube.com/watch?v=lQem2dVJ7rM>

1. What happened to Phineas Gage

2. Which part of the brain was damaged?

3. How did this affect his behaviour?

4. What does the research tell us about human behaviour?

5. Which approach does this link to?

Clip 3: Stanford Prison Experiment: <https://www.youtube.com/watch?v=oAX9b7agT9o>

1. What was the purpose of the study?

2. What is random allocation?

3. How long into the experiment did a prisoner experience a 'breakdown'?

4. How long did the study last?

5. What does the study tell us about human behaviour?

6. Why shouldn't the study have been conducted?

7. Why should the experiment have been conducted?

8. Which approach does this link to?

Task 3: Questions on the course

You should know about the course you have enrolled on. Use this link to answer the following questions. Page 11 describes the external or examined units.

<https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/applied-psychology/2017/specification-and-sample-assessments/btec-l3-nat-ext-cert-in-applied-psych-spec.pdf>

1. What is the title of Unit 1?

2. How long is the exam?

Page 19 describes the content of the Unit 1 exam.

3. Name the 4 psychological approaches you will study.

Page 31 describes the learning aims for Unit 2 which is assessed through coursework.

4. Describe each learning aim

A:

B:

C:

D:

Task 4:

1. Go to this Simply Psychology link and read through all of the information on the Nature-Nurture Debate: [Nature vs. Nurture in Psychology](#)
2. Complete the table below using the knowledge you have learned from the website above:

	Evidence for the influence of <u>nature</u>	Evidence for the influence of <u>nurture</u>
Personality development		
Mental illness development		
Intelligence		
What do psychologists mean by the 'interaction' between nature and nurture?		
<p><i>Extension task:</i> Choose at least one of the examples from above and explain how nature and nurture <i>interact</i> with one another (e.g. in the development of a mental illness)</p>		

Extension work

If you want to really impress your teacher, have a go at the extension work. You will make a really great first impression if you complete it in addition to tasks 1-4

[Loftus & Palmer's experiment on memory](#)

1. Read this study and summarise the study by describing what the study did (procedure) and what it found (results).
Try to conclude what the findings tell us and how they are useful.

Rosenhan's observational research on psychiatric hospitals

1. Summarise the study by describing what the study did (procedure) and what it found (results).
Try to conclude what the findings tell us and how they are useful.
2. Why do you think the findings were controversial?
3. How could the study's methodology be criticised? (this has been done – you may want to explore online)

You may have some time on your hands this summer...

There are lots of ways to get into Psychology before you start with us.

Search [BBC iPlayer](#) & [Channel 4](#) for quality **documentaries**.

Here are some ideas of the best **movies** from [All About Psychology.com](#) and [St Leo University](#)

Or if **Podcasts** are more your thing, the [British Psychological Society](#) provides a great list. They are also worth subscribing to for regular emails of interesting current research.

Finally, **book** recommendations from [Goodreads](#) and the [Psychologists interviewed by the BPS](#).