

APRIL EDITION: VOL. 4

#LongRoadLife

LONG ROAD SIXTH FORM COLLEGE APPLICANT NEWSLETTER

LONG ROAD LIFE: SO MUCH MORE THAN STUDYING

Hello from Long Road!

In this April edition of our applicant newsletter we are looking at the extra things that you can get involved in at Long Road - from everyday student clubs & societies, to once in a lifetime experiences on fully-funded international trips!

With the Scholar Award deadline looming, we'll be introducing you to two more of our current Scholar students.

Exam season is right around the corner, so we've included some revision top-tips from some of our Alumni (former students) to help you get exam ready!

Happy reading!
Long Road



ADMISSIONS UPDATE

INTERNATIONAL TRIPS

MEET SCHOLAR
STUDENTS EMMA, BETH
& ELLA

GET INVOLVED WITH
STUDENT CLUBS &
SOCIETIES

REVISION TOP TIPS



WE'RE HERE TO HELP

Our friendly Admissions Team are here to support and guide you through every stage of your Long Road application.

If you have any questions, please get in touch!



Julianna Sosnowska
Director of Admissions



Michelle Butteriss
Admissions Officer



01223 63 1125



admissions@longroad.ac.uk



ADMISSIONS TEAM UPDATE

Thank you to everyone who attended our February and March Advice and Guidance Meetings! We had a great time getting to know you and your families, we hope that you enjoyed it as much as we did.

If you are yet to have your Advice and Guidance Meeting but would still like to continue with your application, please let us know as soon as possible.

If you have had your meeting, but not yet accepted your offer, **please do so as soon as possible.**

We can only invite applicants who have accepted their offer to our Summer Welcome Days, and we don't want you to miss out on the opportunity to get a

taste of what life is like as a Long Road student!

Don't forget, you can accept offers of study from multiple post-16 education providers before making your final decision on where you would like to study after results day.

Please click here to log in to your Admissions+ account and accept your offer if you have not done so already.

If you are no longer interested in studying at Long Road, please email us on admissions@longroad.ac.uk.

If you change your mind after withdrawing your application, you may be placed on a waiting list.

YOUR APPLICATION TIMELINE

Your application timeline will help you keep track of where you are in the admissions process and keep you informed of what happens next. Look for the arrow location to see where we are in the process!



OCTOBER 2023

Applications Open

SPRING & SUMMER 2024

Virtual Guidance Meetings & Conditional Offer

Discuss your options with an experienced member of staff. You'll receive a formal offer via your Admissions+ account shortly after your Virtual Guidance Meeting.

JANUARY 2024

Applications Close.

Applications made after the deadline may be placed on a waiting list

4 & 5 JULY 2024

Auditions, Welcome Days & Summer Work

Spend the day as a Long Road student; try out your subjects & get a taste of Long Road life. Summer work will be available online & must be completed for your first lesson at college. Auditions for Performing Arts subjects will also be held during Welcome Days

22 AUGUST 2024

GCSE Results Day

Good luck! We're keeping our fingers crossed for you

9 SEPTEMBER 2024

Start of Academic Year
2024/2025

Time to start your Long Road life!

28 - 30 AUGUST 2024

New Student Enrolment

Welcome to the Long Road family!

4 & 5 SEPTEMBER 2024

New Student Orientation



My favourite part of the trip was going to the top of Marina Bay Sands and seeing the beautiful city and view, as it was truly breathtaking and a once in a lifetime opportunity much like everything else on the trip. I have made 6 new close friends and we helped each other stay happy and healthy whilst being away from home. The trip was one of if not the best experience of my life and I will forever remember it and miss it.

—
Eli



STUDENTS HAVE HEARTS STOLEN BY THE LION CITY

From 21st March - 4 April, 38 Year 1 students hit the streets of Singapore on a fully-funded trip thanks to another successful bid with The Turing Scheme! Over the course of 13 nights our students and staff truly had their hearts stolen by the Lion City, making friendships and memories that will last a lifetime.

The focus of the trip was once again Green Careers, sustainability and international cooperation; with students embracing a new culture drastically different to our own. Work began several months prior to departure, with all students completing a Carbon Literacy Qualification to gain a strong foundation of understanding on the science behind climate change and how to reduce carbon emissions.

The group was buzzing with excitement as we set off from college to catch our flight from Gatwick on the afternoon of 21st March. Fast-forward 24 hours and we touch down in Singapore, late at night, ready to get some serious shut-eye.

We kicked-off trip with an easy start exploring the local area around our hostel (*giving us all the chance to bounce back from the long journey!*). After a brief history of Hawker Centres, we all took the opportunity to sample some of the delicious local food! The rest of our weekend was filled with a tour of the National University of Singapore (the top ranked university in Asia!) and having our minds blown at the Singapore Science Centre.



STUDENTS HAVE HEARTS STOLEN BY THE LION CITY

As we recovered from our jet-lag things began to hot up, with a heatwave settling on Singapore! Despite the humid conditions, we hit the streets of Singapore, visiting the iconic Merlion, Gardens by the Bay (*of course capturing the breathtaking Garden Rhapsody light show!*) and picking up souvenirs in Chinatown, Little India and Arab Street - timing our arrival perfectly for Iftar and to hear the first calls for prayer from the Sultan Mosque!

We had the amazing opportunity to visit the British High Commission who explained the wide range of roles they perform in Singapore and the routes into a career - leaving our students super inspired and aiming to return as future employees!

We were also welcomed by the National Institute of Education - who shared the work they have been doing to embed sustainability in Singaporean curriculum; the Global Indian School who showed us around their SMART Campus and presented some of the green projects their students have been working on; the Housing Development Board who showed us the technology and urban planning techniques Singapore uses to build Green towns; and finally Cambridge CARES whose leading academics told us all about their latest research in reversing climate change!

Of course no trip to Singapore would be complete with a trip to Sentosa island - a few thrill seekers spent the day chasing an

My favourite part of the trip was managing to spend two evenings in the rooftop bar of Marina Bay Sands. This was such an amazing experience both to be able to see over the whole city at night but also to spend this view with a great group of friends that I made on the trip. I enjoyed every minute of the trip and have created memories that I will cherish for a lifetime.

-
Daisy





STUDENTS HAVE HEARTS STOLEN BY THE LION CITY

I had an amazing time with everyone in Singapore. I made some great new memories with a bunch of new friends. My favourite part with either the treetop walk around the garden by the bay, or the orchid garden in the botanical gardens.

—
Robin

adrenaline rush at Universal Studios; whilst the majority opted for a more relaxing day at the SEA Aquarium, learning about marine life and how to protect our oceans. Singapore Zoo was another experience ticked off the bucket-list; meeting lots of beautiful animals and learning about conservation work carried out by the Mandai Wildlife Reserve to protect all types of wildlife. Good Friday was spent having fun in the sun and spending the day on the beach; doing as the locals do and staying late into the evening with a dinner time picnic.

Sustainability was not the only focus of the trip; but developing key life-skills such as confidence, problem-solving, resilience and independence, building relationships and being immersed

in a new culture was a very important aspect of the visit. As the days rolled by, students were given more freedom to explore on their own in the evenings, and given a whole free-day to plan their own group activities. Lots of students chose to explore the beautiful Botanic Gardens, some headed back to the Mandai Wildlife Reserve to visit the Birds of Paradise Park, whilst others opted for more shopping in Chinatown, Little India, Arab Street and Orchard Road. The day ended with a 200m trip skyward to Marina Bay Sands, taking in the breathtaking views and cooling off with a refreshing mocktail!

We finished strong on our final full-day in Singapore, with a 13.5k trek along the MacRitchie Tree Top Trail. A hot, sweaty (and at





STUDENTS HAVE HEARTS STOLEN BY THE LION CITY

times stormy!) day, but our energy was boosted by spotting amazing wildlife along the way - including monkeys, turtles and lizards!!

Our last night was spent celebrating our time together, with awards for all students presented by the staff trip leaders. Everyone was full of mixed emotions as we packed our bags and headed to Changi Airport; giving ourselves plenty of time to explore the famous Jewel of Changi! The long journey home was spent reminiscing on the last two weeks; sharing favourite experiences and memories - whilst also debating what we were most looking forward too about returning home (mainly a comfy bed and 'normal' temperatures!)

This was a truly unforgettable and once-in-a-lifetime trip for our students. Travelling over 6,700 miles as your first 'solo'-trip without family and friends is no small-feat, and it is wonderful to see how much all of the students have grown as individuals thanks to these experiences and lovely to see how these new friendships have continued to grow now that we are back at college. All that's left to say is thank you Singapore!

My favourite part of the Singapore trip was experiencing new, varying cultures, and making new friends. I think my confidence has really grown over the two weeks due to being surrounded by so many people I didn't really know.

-
Theia





TAKING A BITE OUT OF THE BIG APPLE

FOOD, FOOD FOOD... I think it was safe to say most of us ate our way through New York with meals already organised via the trip, most still could not resist a sugary 'pick me up' in form of a donut or try the native Delis on each street!



ART FOUNDATION STUDENTS CROSS THE POND

Travel is important for many reasons, ongoing education, understanding of the implications in the modern world today, knowledge. Groundings of these experiences and reasonings set out the motives for creative journeys of the future. With this thought, a group of high achieving students from Foundation Art and Design, committed to embarking on a post Atlantic trip to New York City. The ambition was to further their creative education and showcase their work.

Research started before they even stepped onto US Soil. Understanding the importance of the Carbon Footprint each would make, with tutor support choices were made to offset the trip by selecting tour companies and airplanes that their manifesto

fitted in with the current drive to support our course, college and pollical values. Each student was even actively involved in a Carbon Literacy test, which sits in line with a need of fulfilling the learning outcomes within part of their qualification. Who would have known that day timings an aeroplane takes off or a certain type of paint would all add or reduce a carbon trail?!...

Empowered with this discussion, initially started in the Cambridge based Long Road studios, the dialogue continued 1000's of feet up in the air; Virgin Atlantic had only just launched their reduced Carbon long haul flights, no guesses as to who we were flying with!

Touch down, and after a 'all American welcome' in JFK, we



ART FOUNDATION STUDENTS CROSS THE POND

embarked on our weeklong research trip throughout 'the city that never sleeps', well, perhaps most would say the course leader did not allow us to sleep! With a heavily organised itinerary that once again meant stockpiling a all you can eat morning buffet for substance and even included finer details such as language storage to lighten the load!

Museums were a platform of information, with thoughts of reused objects and sustainability in mind, students had their sketchbooks at the ready to explore The Met, MOMA, Guggenheim. Of course, all the 'normal' tourist destinations and experiences were added to the bucket list such as Empire State Building, Ground Zero, Views of the statue of Liberty from the Ferry boat ride, Brooklyn Bridge

and DUMBO.... Ice staking in Central Park, while taking in the soft lines of natural forms from the park to harsh architectural skyscrapers steel limbs of each structure. This continued into an Apple workshop based on photography in the surrounding city scape and allowed the students to immerse themselves in the 'All American Cultural'.

Towards the end of the week, we had briefed the students to make an item to be presented in a Popup exhibition in The Climate Control Museum. Armed with weeks of research and understand of environmental impacts we could not have been prouder of the concepts, considerations and the discussions surrounding their work and presentations. It was truly an experience not to be forgotten.

TOUCH DOWN AND RETURN TO REALITY

The memories and experiences are still rippling throughout the students work and studio spaces, so perhaps the trip has finished but the impact lives on!





SILKEBORG GYMNASIUM
ÅBNER VERDEN



SOCIOLOGY STUDENTS RETURN TO DENMARK – MARCH 2024

Just before the Easter holidays, a group of 21 Sociology students returned to Aarhus!

The aim of the visit was to enable students to experience another culture and to enable students to gain understanding of the Danish education system and how it differs to the UK.



48 STUDENTS VISIT DENMARK

We made a successful bid in May 2022 for 48 students to visit Denmark for 12 days to focus on green jobs and sustainability through the Turing Scheme. Our students (and staff!) had a fantastic trip!

The trip was open to all Year 1 students. The trip was from June 17th to 28th 2023 and was based in Aarhus and Copenhagen. During this time we visited over a dozen different business, including Better energy, Copenhagen energy, Aarhus University, Institute for X and Energia Akademi focused around sustainability, social change, green energy and green careers.

We also visited our educational partner college Silkeborg gymnasium!

We also visited the towns of Silkeborg and Vejle (UN top 100 resilient city) and the island of Samsø (most sustainable island in Europe). At the weekends students were able to explore tourist attractions such as AROS, Tivoli gardens, Copenhagen Zoo and the Danish architecture center. Students also studied for a carbon literacy qualification.

The trip was funded by The Turing Scheme; a government programme to provide funding for international opportunities in education and training across the world. It supports Global Britain by providing an opportunity for UK organisations from the higher education, further education, vocational education and training and schools sectors to offer their students, learners and pupils life-changing experiences to study or work abroad.



STUDENTS SEE NORTHERN LIGHTS IN ICELAND

In October, 34 of our A Level Geography students were lucky enough to spend 4 nights in Iceland exploring their beautiful landscapes, cities and evening seeing the Northern Lights!

Once we arrived in Iceland, we began the exploring almost immediately. We drove to the 'Bridge Between Two Continents', where the students were able to see a fissure between the Eurasian and North American tectonic plates.

After we had explored the fissure, we headed straight away to see hot springs. We learnt a lot about why the area smelt so strongly of egg (sulphur!).

Day 2 we headed to the Secret Lagoon - one of Iceland's oldest geothermal pools!

After our swim at the geothermal pool, we hopped onto the coach to do the Golden Circle Tour! Here we saw spectacular geysers, waterfalls and had a very soggy walk through a rifting valley!

Day 3 was an early start as we were heading off to the Lava Centre! We arrived at the Lava Centre at 9am, which is an interactive museum where we were able to experience what an earthquake may feel like!

Our final full day of the trip was spent in the capital city of Reykjavik - exploring the city and trying local cuisine. In the afternoon we headed to a lava tunnel. We put on our hard hats and head torches, and walked 500m into the tunnel, and experienced total darkness!

Thank you to Geography student Charlie Flower for taking so many amazing photos during our trip to Iceland.

If you want to see more of Charlie's photos [please click here to visit our website!](#)





Long Road Scholars' Award

Long Road Sixth Form College

WIN £500 AS A REWARD FOR YOUR EXCELLENT GCSE RESULTS.

If you're predicted to achieve outstanding GCSE results (**average GCSE Grade 8 or above**) you can apply for the Long Road Scholars' Award.

We'll give you **£500** to spend on whatever you like - examples from our current scholars include: travel costs, overseas trips & film equipment!

APPLY ONLINE TODAY
WWW.LONGROAD.AC.UK



MEET SCHOLAR STUDENT, EMMA

My relationships with my teachers is by far my favourite thing about attending Long Road. I have never once felt judged, and there has always been somebody there when I needed assistance with work, any general questions or mental health support. I look forwards to my lessons every day and strive to repay my teachers for the effort they put into me.

My advice for Year 1 students is take advantage of every opportunity placed at you because there will be plenty. Opportunities can come forwards through interacting with teachers personally, taking part in different clubs or groups to help advance the college, or paying attention to the Friday newsletters. Because of this, I have been able to visit the Auschwitz memorial in Poland for free, participate in

creative writing competitions and give presentations to prospective students: the possibilities are endless, so keep a look-out!

I intend to split the money I receive in half. As a celebration after I finish my A Levels, I intend to buy tickets to Broadmasters Festival with friends from my History class. The rest will go towards my savings for a new iPad in preparation for university, so I can take paperless notes throughout my time studying further. After my exams I intend to take a gap year to travel and gain greater work experience, where I will progress into taking a conversion course in Law for 1 year. Working now involves much further than just school-work, but also a lot of work researching future prospects available to me.

EMMA

Secondary School:
Cromwell Community
College

Year 2 Student

Studying:
English Lang & Lit A Level
History A Level
Sociology A Level

Progression Goals:
Career in Law

[Click here to apply for the
Long Road Scholars
Award today!](#)





GET INVOLVED

All of our students are off timetable (no lessons) on Tuesday and Wednesday afternoons for what we call Plus Time.

The majority of our Student Societies meeting during Plus Time or Lunchtime so that all students can come along and get involved!

If you can't find a group that you want to get involved in then our staff will support you to start your own!



STUDENT CLUBS & SOCIETIES

Long Road is a community that not only works together but plays together! Our enrichment programme encourages you to broaden your horizons and develop valuable skills that will complement the knowledge gained in your academic studies.

We know that it's important for your wellbeing that you get time to relax - so take a break and get involved in something you enjoy.

From choirs to a theatre company, you don't have to be studying Performing Arts to get involved in our stage shows. Not a born performer? Take control of the lighting, costumes, set design or music. Take on the challenge of learning an instrument; whether its drums, the piano or even the saxophone we have the facilities for you to develop your musical and theatrical skills.

All students at Long Road Sixth Form College have the opportunity to sign up to the Duke of Edinburgh Gold Award Scheme. This is a fantastic way to enjoy new and exciting experiences, develop skills and enhance your UCAS and job applications!

This is a prestigious award that offers you the opportunity to build your confidence, gain new friends and develop skills that will really enhance your university and job applications.

Take a look at the next page to see just a handful of student clubs and societies that you can get involved in!

We also have a number of competitive and casual sports opportunities... more info on those in our next edition!

ENRICHMENT AT



LONG ROAD SIXTH FORM COLLEGE CAMBRIDGE

Asian Society

TUESDAY

12:20 - 13:05

£2

Black People's Society

TUESDAY

12:20 - 13:05

D107

Christian Union

TUESDAY

12:20 - 13:05

C107

Acting

TUESDAY

14:40 - 16:10

THE STAGE

Pride Club

TUESDAY

12:20 - 13:05

£3

Girls Basketball

TUESDAY

14:45 - 15:45

SPORTS HALL

Muslim Society

WEDNESDAY

12:20 - 13:05

£2

Band Jam

WEDNESDAY

14:40 - 15:40

THE STUDIO

K-POP Society

WEDNESDAY

12:25 - 13:05

£3

Choir

WEDNESDAY

12:30 - 13:00

THE STAGE

Casual 5-a-side

TUESDAY

15:00 - 16:00

ASTRO

Latin-American

& Hispanic Society

WEDNESDAY

12:20 - 13:05

D111

Chess Club

WEDNESDAY

12:20 - 13:05

C14

Football

TUESDAY

15:00 - 16:00

ASTRO

Dance

TUESDAY

14:40 - 15:40

THE STUDIO

Med Squad

CONTACT PAUL ON

PAULANDREW@LONGROAD.AC.UK

TO GET INVOLVED

Feminist Society

WEDNESDAY

12:20 - 13:05

G17

Russell Group

CONTACT

Programme

ISABELLE ON

IBENNETTHUMPHRIES@LONGROAD.AC.UK

TO GET INVOLVED

Badminton

TUESDAY

12:20 - 13:05

SPORTS HALL

Politics Society

CONTACT GAVIN ON

GSHEFFIELD@LONGROAD.AC.UK

TO GET INVOLVED

Open Mic

CONTACT GIZI ON

EROWLANDS@LONGROAD.AC.UK TO GET

INVOLVED

RUSSELL GROUP PREPARATION PROGRAMME



**LONG
ROAD**
SIXTH FORM
COLLEGE
CAMBRIDGE

If you're aspiring to study at the University of Cambridge, the University of Oxford or any Russell Group University, you can join our Russell Group Preparation Programme to support you in your application to the UK's most competitive universities.

You will take part in carefully planned workshops and seminars throughout your first year of study to support you in your application to the UK's most competitive universities. These discussions are thought-provoking and give our students interesting material to include in their personal statements.

During your second year of study, you will receive one-to-one support from recent Oxbridge alumni when writing your personal statements. If you are successfully selected for an interview you will receive multiple mock interviews with recent Oxford and Cambridge University alumni.



**RUSSELL GROUP
PREPARATION
PROGRAMME**

Long Road Sixth Form College



MEET SCHOLAR STUDENT, BETH

My favourite thing about Long Road is the freedom and the people. It's been amazing to get to know so many new wonderful people and create some great friendships and memories with them. Alongside this, the timetable, general atmosphere and how things work at Long Road really helps develop new skills and independence, from transport to presentations and organisation. I've developed plenty of useful tools that will help me past sixth-form.

My advice to new students is try not to stress too much, take your time and enjoy your subjects. Two years may seem short, but it's plenty of time, and you will be able to get everything done! Definitely, do not be afraid to ask other students or teachers if you have questions or worries,

everyone is very friendly and willing to help and there are loads of useful resources too. Also, take opportunities and try new things while you are here. When you start looking for what to do after sixth-form, having ideas for possible pathways or jobs, you can be really useful as you might find an interest in something you didn't previously take notice of!

Looking to the future, I'm trying lots of different things, work experience and research! There are a lot of opportunities out there so looking and trying different things help narrow options down to find a pathway right for me in both my hobbies and education.

BETH

Secondary School:
Impington Village College

Year 2 Student

Studying:
Art A Level
English Lang & Lit A Level
Psychology A Level

Progression Goals:
Creative Career

[Click here to apply for the Long Road Scholars Award today!](#)



MED SQUAD

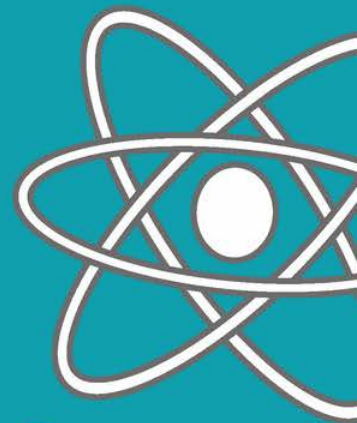
Successfully winning a place at a UK Medical School is incredibly challenging, with a highly competitive admissions process, so the Long Road Science department has designed our unique Med Squad programme to support students aspiring to study medicine. To qualify for this programme you must be studying A Level Chemistry, a second A Level subject in either Biology, Maths or Physics, and a third A Level in a facilitating subject such as Humanities or Social Sciences.

Year 1 Med Squad Programme

Joining our bespoke Med Squad programme means our Science department will work with you from the very moment you start studying at Long Road to support you in preparing for medical school applications. Our Med Squad team will meet with you regularly each term to help you organise work experience using our strong links with Addenbrookes Hospital. We will guide you in looking at university open days and help you target the medical schools most suited to you and your career goals. You will have the opportunity to take part in workshops run by University of Cambridge medical students, who will support you as you prepare for the UCAT / BMAT entry assessment tests.

Year 2 Med Squad Programme

You will spend time working on a one-to-one basis with the Med Squad team and University of Cambridge medical students as they support you with your UCAS personal statement and mentor you in preparing for medical school interviews. In the first term you will take part in a practice interview session, based on the Multiple Mini Interview (MMI) model popular with the majority of UK medical schools; our Senior Managers, including our Principal Yolanda Botham, and University of Cambridge medical students will act as interviewers to create a realistic interview environment.





MEET SCHOLAR STUDENT, ELLA

As a year 2, I feel like I've been able to develop my independent learning skills over the past year whilst still feeling supported, so that I currently feel in a really confident position to progress to university next year. I love that Long Road focusses on cultivating our skills beyond only our grades. The very friendly atmosphere gives everyone a space to progress and thrive!

To the new year 1 students, I would recommend really taking advantage of a lot of the resources available from the beginning, as well as making sure to plan ahead with what you want to do after college - having a clear idea will take a lot of the burden off as the workload starts to increase!

I'll probably use my scholarship money on transport costs (boring I know) but also on more creative projects so that I can expand my portfolio and improve my practical skills. This, as well as opportunities given to me such as visiting large movie studios and talking to industry leaders will hopefully make me stand out to employers and get my career moving!

ELLA

Secondary School:
St Mary's Cambridge

Year 2 Student

Studying:
English Literature A Level
Film Studies A Level
Media A Level

Progression Goals:
Filmmaking degree

[Click here to apply for the
Long Road Scholars
Award today!](#)





DANA NUGMANOVA

Long Road Alumni
Class of 2019
Psychology BSc
Newcastle University

I chose Long Road because there was a lot of support provided to students. Long Road showed me that a college experience is there to prepare you for your next step in life whether that be employment, apprenticeship or university. It is about independence, community and perseverance.



GOOD LUCK WITH YOUR EXAMS - ALUMNI TOP TIPS

GCSE exams are fast approaching, for some of you they may have already started! To help keep you on the right track we contacted our alumni (former students) to share their revision top tips!

FIVE MINUTE RULE

The hardest part of revision is getting started because it can seem so big, daunting and impossible. I use the five-minute rule. Start a timer and just revise for five minutes then, if you feel like you need to, take quick break and then do another five minutes. Repeat that over and over. Five minutes of revision will add up to a full revision session in no time!

FLASHCARDS

Use flashcards to study dates, names and definitions. Just flashcard everything.

USE PAST PAPERS

All of them!! Do them again and again!! Do them with your friends, you can explain and teach each other stuff so you will reinforce that information.

YOU ARE MORE THAN YOUR GRADES

No matter what your grade is, if you have put your best effort in you should feel proud because you are amazing. You are more than just a student sitting exams. You're a good friend, a good, a good sibling, a good child, you're a hardworking employee, a caring volunteer, an artist, a musician, you have things you are enthusiastic about. You have hopes and dreams and so much ahead of you.



GOOD LUCK WITH YOUR EXAMS - ALUMNI TOP TIPS

DO NOT STRESS

The more you stress, the more difficult revision becomes, and the more difficult revision becomes, the more you stress.

TAKE BREAKS AND HAVE NON-REVISION TIME

If you're constantly revising, I can guarantee you'll end up stressed. Have days off. See your friends. Do something fun.

GET EXERCISE

You can get exercise in your breaks or non-revision time. This'll make a big difference to your wellbeing as it gets your heart rate up > blood pumping faster > more oxygen to the brain.

START EARLY

You have to start at some point, so you might as well get on with it.

DON'T STARE AT A TEXTBOOK FOR HOURS ON END

Try summarising a page or a chapter in notes. Writing stuff down makes you think about it, and you're more likely to remember it.

SPICE IT UP!

We all love a bit of colour. Get your highlighters out. Coloured notes are 10x easier to memorise than boring black and white ones.

FINALLY... THINK POSITIVE!

There are plenty of people who did well in life without achieving 100% in every exam. You can only do as much as you're capable of. Work hard. You'll do well.

ALEX FARROW

Long Road Alumni
Class of 2019
Film Studies
Brunel University London

"I studied Media Level 3 Diploma and Musical Theatre Extended Certificate at Long Road. Since leaving I have been successfully accepted as a student at Brunel University London where I am a working towards a degree in Film Production and Theatre."





HANNAH KELLY

Long Road Alumni
Class of 2017
Secondary Physical
Education with QTS,
University of Brighton

"From Long Road I moved straight to the University of Brighton to study BA (Hons) Secondary Physical Education with QTS - training to be a PE teacher. Long Road was extremely helpful to me on applying and going through the UCAS process so it was made as smooth as possible."



GOOD LUCK WITH YOUR EXAMS - ALUMNI TOP TIPS

FIND A REVISION TECHNIQUE THAT SUITS YOU

Experiment with flashcards, mind maps, exam past paper/practise questions, coloured notes etc.

DON'T OVERDO IT WHEN YOU REVISE

Set yourself realistic targets to revise for each day so it's manageable and achievable!

BE STRICT WITH USING YOUR PHONE/TV WHEN REVISING

Revise for 1 hour then 10 minutes break e.g. grab a cup of tea, a snack, get up and walk around.

CHANGING UP THE ENVIRONMENT OF WHERE YOU REVISE

You could revise for one subject in your room, then move and revise in the kitchen then the library.

GET A REVISION BUDDY!

This may be your friend or parents/guardian or siblings, but this allows you to revise with someone and test and help each other as there are bound to be topics that you can help each other with.

WHEN MAKING NOTES, ONLY WRITE THE KEY POINTS

Get used to summarising each point so you know the key facts ready for the exam.

MAKE USE OF YOUR TEACHERS!

They are there to help you so make use of extra time in lesson or after lessons, bring in practise questions for them to mark etc.

MAKE PLANS

Have things to look forward to after you have revised.

ATTENTION
YEAR 10s
*Scan here to
book now!*

YEAR 11s WELCOME



OPEN EVENINGS FOR SEPTEMBER 2025 ENTRY

LAUNCH YOUR FUTURE

LONG ROAD OPEN EVENINGS

2ND & 3RD JULY 2024, 5-9PM

www.longroad.ac.uk
#BeLong



Launch your future at Long Road Sixth Form College. Explore our green and leafy campus, meet our staff and students, and design a study programme that is tailored to **YOU**. Whatever direction you take, as a member of our friendly and vibrant community you will develop the skills, independence and focus you need to keep moving forward.

**Be Prepared.
Be Inspired.
Be Long Road.**

APRIL EDITION: VOL 4

#LongRoadLife

LONG ROAD SIXTH FORM COLLEGE APPLICANT NEWSLETTER



 help@longroad.ac.uk

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