APRIL EDITION: VOL

#LongRoadLife

LONG ROAD SIXTH FORM COLLEGE APPLICANT NEWSLETTER

LONG ROAD LIFE: SO MUCH MORE THAN STUDYING

Hello from Long Road!

In this April edition of our applicant newsletter we are looking at the extra things that you can get involved in at Long Road – from everyday student clubs & societies, to large college wide event such as Culture Day!

April is also Autism Acceptance Month, so we're myth-busting with our Additional Learning Support team.

Happy reading! Long Road



ADMISSIONS UPDATE

CULTURE DAY 2025

AUTISM ACCEPTANCE MONTH 2025

MEET SCHOLAR STUDENTS POPPY AND TABBY

STUDENT CLUBS & SOCIETIES



WE'RE HERE TO HELP

Our friendly Admissions Team are here to support and guide you through every stage of your Long Road application.

If you have any questions, please get in touch!



Julianna Sosnowska Director of Admissions



Michelle Butteriss Admissions Officer



01223 63 1125



admissionselongroad.ac.uk

ADMISSIONS TEAM UPDATE

Thank you to everyone who attended an Advice and Guidance Meeting this Spring! We had a great time getting to know you and your families, we hope that you enjoyed it as much as we did.

Our Enrolment and Start of Term Dates have now been published on our website. Please find them on the next page of this newsletter.

If you have not had an Advice and Guidance Meeting but would still like to continue with your application, please let us know as soon as possible.

If you have had your meeting, but are yet to accept your offer, **please do so as soon as possible.** We can only invite applicants who have accepted their offer to our Summer Welcome Day, and we don't want you to miss out!

Don't forget, you can accept offers of study from multiple post-16 education providers before making your final decision on where you would like to study after results day.

<u>Please click here to log in to</u> <u>your Admissions+ account and</u> <u>accept your offer</u> if you have not done so already.

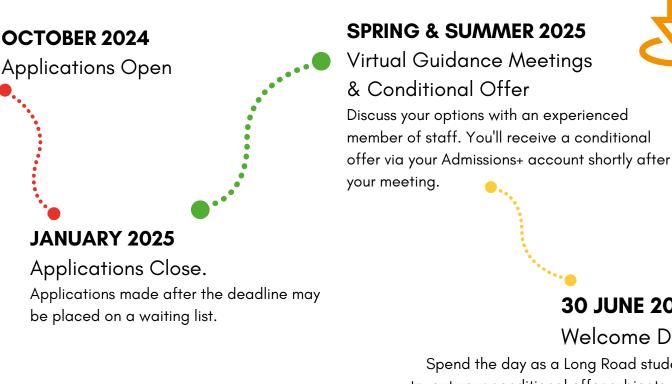
If you are no longer interested in studying at Long Road, please email us on <u>admissionselongroad.ac.uk</u>.

If you change your mind after withdrawing your application, you may be placed on a waiting list.



YOUR APPLICATION TIMELINE

Your application timeline will help you keep track of where you are in the admissions process and keep you informed of what happens next. Look for the arrow location to see where we are in the process!



21 AUGUST 2025

GCSE Results Day Good luck! We're keeping our fingers crossed for you!



27 & 28 AUGUST 2025

Virtual Enrolment Our Enrolment will follow Results Day, with all activities to be conducted online.

8 SEPTEMBER 2025

Start of Academic Year 2025/2026 Time to start your Long Road life!

30 JUNE 2025

Welcome Day

Spend the day as a Long Road student; try out your conditional offer subjects and get a taste of Long Road life.

> Auditions for Performing Arts subjects will be held during Welcome Day.

EARLY SEPTEMBER 2025

New Student Orientation

Welcome to Long Road! Orientation activities will ensure you are prepared for your first day of college.



The sense of pride that students expressed when given the opportunity to celebrate their cultures and heritage to others was palpable. It was a testament to the college community that the atmosphere was one of curiosity and joy as differences were explored and discussed. This can only help to create cohesion and a belonging for all students. They felt 'seen'.

> Steve Dann Principal



CULTURE DAY 2025

On April 30th, 2025, Long Road Sixth Form college buzzed with lively celebrations due to the much-anticipated Culture Day. Organized by the multi-cultural society with over 60 members, the event celebrated inclusivity and diversity of the college community.

Since the beginning of the academic year, the Multi-cultural Society has been working hard to orchestrate this immense event. Their collective effort was notable with over 100 roles being allocated in the build-up including, covering setup arrangements, cooking culturally diverse cuisines, face paint and henna, and so much more. This level of organisation contributed to the day's success as well as ensuring it was a positive experience for all who participated.

The morning began with over 80 students energetically arriving and proudly showcasing their heritage through vibrate clothing. Adding to the sense of pride, the morning included a community event where a variety of internal and external stalls were celebrating inclusive communities. Alongside the community event, skilled artists in the group decorated attendees with intricate henna and face paint, creating a sense of celebration for all participants. Additionally, excitement started to build with the vast array of cultural food including puff puff, jollof rice, mango lassi and so much more.

As lunchtime approached, the excitement across college spread with the arrival of the local food trucks, adding to the cultural engagement of those not directly involved.



CULTURE DAY 2025

Manna Seoul, serving Korean style corn dogs, and The Grill Plug, dishing out tasty burgers, and GoGoDesrts, with their delicious, sweet treats, were all delighted to join in the celebration and continue the day's success.

During the thrill of the food trucks, the Culture Day 5-a-side football and basketball tournament kicked off. 42 enthusiastic students formed 8 separate teams for the football tournament and 24 students formed 4 basketball teams. The tournaments quicky built up a group full of supporters, from all corners of the college, who came to enjoy the afternoon entertainment.

The grand finale of the day ended with a runway in the sport hall. Hosted by the charismatic duo Kara Baptise and Modestin McNeil-Snow. Before the runway began, the crowd were entertained by five captivating cultural dances which were met with tremendous cheers and support. Then the hosts introduced countries one by one and students, either on their own or in groups, walked, danced, and ran onto stage and proudly represented their countries. Impressively, over 50 students from 17 countries graced the stage exhibited the global reach of the event.

Finally, the Miss Universe competition saw representatives from the Philippines, Gambia, Nigeria, Türkiye, Bangladesh and India. After a thrilling vote count, the crown was bestowed upon Juvi from the Philippines! I loved attending the runway event and watching my students represent their country through dance performances. I also really enjoyed the 360° photo booth—it added a fun and engaging touch to the experience. Each section of the college had something happening. It was great to see all the students participating and enjoying themselves.

> Shuma Begum Progress Coach



- into the public transport needs of young people?
- Extend the tiger pass for the duration of your office for all people aged 25 and under and cap the cost at £1
- Installing bus stops for Anglia Ruskin University Peterborough & Nane Park Trust/ Ferry Meadows

Peterborough Citizens

is a branch of

Citizens UK,

an organisation working

together to make change

on the issues that matter

to people in their local

communities.

Citizens UK aims to build

positive working

relationships between

power-holders and

businesses - making sure

every voice is heard.



On Thursday 24th of April Peterborough Citizens joined forced with Cambridge Citizens for the Mayoral Assembly and a powerful evening of democracy. Over 210 attended the event at Peterborough college including four Long Road Sixth Form College Students.

The purpose of the assembly was to build relationships with the candidates for Mayor so we can continue to work with them on various issues and challenges in Cambridge and Peterborough. There were two campaign teams: one on transport, one on housing. Two Long Road Sixth Form student Juvi Carandang and Emily King were part of the transport campaign team. The shared their own stories on difficulties on getting the buses. This including being late to lessons, having negative impacts on their social lives, and limiting their work options based on travel.

citizens

They also created an extraordinary piece of art of a map of Cambridge and Peterborough with string to represent the bus routes. They also included all the names of students who have been affected by unreliable buses and added them to the map. This powerful display was received well by all three candidates who apricated Juvi and Emily's efforts.





PETERBOROUGH CITIZENS ASSEMBLY

Publicly all three candidates: Lorna Dupre (Liberal Democrat), Anna Smith (Labour), Paul Bristow (Conservative), committed on housing to convene a strategic housing meeting with all local authorities in partnership with Peterborough Citizens, create a school notification system when young people are placed in temporary accommodation or declared homeless, Increase affordable and social housing across the region and improve standards in social housing and privately rented homes.

Additionally, on transport they committed to Prioritise the journeys of young people to education, work, and recreation, extend the Tiger Pass at £1, and installing new bus stops at ARU Peterborough and Nene Park Trust.

The Mayoral Assembly was an incredible opportunity for students to get involved with local politics and make a difference in campaigning for positive change. Long Road Sixth Form College looks forward to the work continuing with Cambridge Citizens and our sister city Peterborough Citizens to ensure the new Mayor upholds the commitments and prioritises the needs of young people with local transport. At Long Road, we are proud to be founding members of Cambridge Citizens – a new branch of Citizens UK – launched in 2022. So far as a group we have trained over 100

local leaders in community organising, and held our Young Person's Assembly in November 2024 – where Long Road students took to the stage to campaign for improved public transport, youth friendly spaces and increased part-time work opportunities.





WHAT DO OUR STUDENTS SAY ABOUT HAVING AUTISM?

I would like people to be a bit more patient when working with me, and to lend me their attention when talking, regardless of whether it's about my interest or theirs. It really helps that I volunteer in the public sector every weekend and talk with like-minded people about subjects we can both find interesting. I think it's worth getting to know me. I am kind and gentle.



AUTISM ACCEPTANCE MONTH, APRIL 2025

April is World Autism Acceptance Month, with World Autism Awareness Day marked on Wednesday 2 April.

Our Additional Learning Support team have gathered some key information about autism, myths vs facts and some stories that our students and their families have told us about their experiences of autism.

AUTISM EXPLAINED:

Autism means someone's brain works a little differently. It is not a medical condition that can be 'cured' with treatments. You can't see if someone is autistic and each autistic person is different – they have their own strengths and different things they need help with. Three main areas of difference are:

- Social understanding and communication.
- Flexibility, information processing and understanding.
- Sensory processing and integration.

WHAT IS THE AUTISM SPECTRUM?

The autism spectrum is not linear from high to low, but varies in every way that one person might vary from another. Every autistic individual has their own strengths, differences, likes, dislikes, and their own life journey and their own unique story. It is important that autism is simply seen as a difference, not a deficit.



AUTISM ACCEPTANCE MONTH, APRIL 2025

MYTH: People with autism don't want friends.

TRUTH: If someone in your class has autism, they may struggle with social skills, which may make it difficult to interact with peers. They might seem shy or unfriendly, but that's just because they're unable to communicate their desire for relationships the same way you do.

MYTH: People with autism can't feel or express any emotion – happy or sad.

TRUTH: Autism doesn't make an individual unable to feel the emotions you feel, it just makes the person communicate emotions (and perceive your expressions) in different ways. **MYTH:** People with autism have savant or genius abilities.

TRUTH: Some people with autism who are non-verbal or have severe cognitive disabilities, nevertheless have a fantastic memory, a capacity for drawing, an ability to do elaborate calculations and can read much better than expected. However, they represent a tiny minority of people with ASC.

MYTH: Only boys can have autism.

TRUTH: The sex ratio in ASC is roughly four boys to every girl. Girls with ASC tend to present differently and are often not diagnosed or misdiagnosed. So, this ratio may be inaccurate.

I find it hard to make friends and to manage my time. It can take me longer to do work, which is why I don't get much leisure time. I find it hard to approach other people, and often I'm just focused on doing my work. This can make me feel quite lonely and sad. I can get overloaded with information and sometimes. I feel like a broken laptop that's not had an update in years. But I also see the world as a fascinating place and notice things other people might overlook.





GET INVOLVED

All of our students are off timetable (no lessons) on Tuesday and Wednesday afternoons for what we call Plus Time.

The majority of our Student Societies meeting during Plus Time or Lunchtime so that all students can come along and get involved!

If you can't find a group that you want to get involved in then our staff will support you to start your own!



STUDENT CLUBS & SOCIETIES

Long Road is a community that not only works together but plays together! Our enrichment programme encourages you to broaden your horizons and develop valuable skills that will complement the knowledge gained in your academic studies.

We know that it's important for your wellbeing that you get time to relax – so take a break and get involved in something you enjoy.

From choirs to a theatre company, you don't have to be studying Performing Arts to get involved in our stage shows. Not a born performer? Take control of the lighting, costumes, set design or music. Take on the challenge of learning an instrument; whether its drums, the piano or even the saxophone we have the facilities for you to develop your musical and theatrical skills. All students at Long Road Sixth Form College have the opportunity to sign up to the Duke of Edinburgh Gold Award Scheme. This is a fantastic way to enjoy new and exciting experiences, develop skills and enhance your UCAS and job applications!

This is a prestigious award that offers you the opportunity to build your confidence, gain new friends and develop skills that will really enhance your university and job applications.

Take a look at the next page to see just a handful of student clubs and societies that you can get involved in!

We also have a number of competitive and casual sports opportunities... more info on those in our next edition!

ENRICHMENT AT LONG SIXTH FORM COLLEGE CAMBRIDGE

<u>Asian Society</u> TUESDAY 13:30 - 13:05 E3

> Acting TUESDAY 14:40 - 16:10 The Stage

Muslim Society

Wednesday 12:20 - 13:05

E2

Band Jam

Wednesday 14:40 - 15:40 The Studio

<u>Casual 5-a-side</u>

TUESDAY IS:00 - 16:00 Astro

Med Squad Contact Paul on Pandrew@Longroad.ac.uk to get involved

Russell Group Contact Programme ISABELLE ON IBENNETTHUMPHRIES@LONGROAD.AC.UK TO GET INVOLVED Open Mic

Contact Lizi on erowlands@longroad.ac.uk to get involved

<u>Black People's Society</u> TUESDAY 12:20 - 13:05 D107

Pride Club

Tuesday 12:20 - 13:05 E3

K - POP Society WEDNESDAY 12:25 - 13:05 E3

Latin-American

<u>K Hispanic Society</u> WEDNESDAY 12:20 - 13:05 DIII

Dance

Tuesday 14:40 - 15:40 The Studio

Badminton

Tuesday 12:20 - 13:05 Sports Hall <u>Christian Union</u> Tuesday 18:30 - 13:05 C107

<u>Girls Basketball</u> TUESDAY 14:45 - 15:45 SPORTS HALL

> Choir Wednesdry 12:30 - 13:00 The Strage

Chess CLub Wednesday 12:20 - 13:05 C14

Feminist Society WEDNESDAY 12:20 - 13:05 G17

<u>Politics Society</u> Contact Gavin on GSHEFFIELD@LONGROAD.AC.UK TO GET INVOLVED

RUSSELL GROUP PREPARATION PROGRAMME

If you're aspiring to study at the University of Cambridge, the University of Oxford or any Russell Group University, you can join our Russell Group Preparation Programme to support you in your application to the UK's most competitive universities.

You will take part in carefully planned workshops and seminars throughout your first year of study to support you in your application to the UK's most competitive universities. These discussions are thought-provoking and give our students interesting material to include in their personal statements.

During your second year of study, you will receive one-to-one support from recent Oxbridge alumni when writing your personal statements. If you are successfully selected for an interview you will receive multiple mock interviews with recent Oxford and Cambridge University alumni.



RUSSELL GROUP PREPARATION PROGRAMME

Long Road Sixth Form College







MEET SCHOLAR STUDENT, POPPY

I chose to study at Long Road because of the good things I had heard about the college, and the nice environment which I felt on the Open Day. I knew that it would be a place where I would be happy and would suit my personality. Also, I value how the college balances independence with support, as you have a large amount of independence around work and study, but there is always lots of support for you if you need it. This allows you to balance the social side of college with the academic side well.

To any Year 11s who are applying to colleges, I strongly recommend that you consider Long Road. The transition from secondary school to college can be very intimidating and daunting, but Long Road provides a welcoming and friendly environment which makes the transition much easier. Also, the college not only helps you grow academically, but as an individual too – the independence you gain, and the variety of opportunities provided allow you to grow into a well-rounded young adult.

So far, my favourite thing about being a Long Road student is the people. Everyone here, students, teachers and staff, are really nice and welcoming. The environment is so positive and engaging, and you can really tell that both the students and the teachers are passionate about their subjects, but also about your future too.

POPPY

Secondary School: King James Academy Royston

Year 1 Student

Studying: Biology A Level PE A Level Psychology A Level

Progression Goals: Career in Sport

<u>Click here to apply for the</u> <u>Long Road Scholars</u> <u>Award today!</u>



Long Road Sixth Form College

MED SQUAD

Successfully winning a place at a UK Medical School is incredibly challenging, with a highly competitive admissions process, so the Long Road Science department has designed our unique Med Squad programme to support students aspiring to study medicine. To qualify for this programme you must be studying A Level Chemistry, a second A Level subject in either Biology, Maths or Physics, and a third A Level in a facilitating subject such as Humanities or Social Sciences.

Year 1 Med Squad Programme

Joining our bespoke Med Squad programme means our Science department will work with you from the very moment you start studying at Long Road to support you in preparing for medical school applications. Our Med Squad team will meet with you regularly each term to help you organise work experience using our strong links with Addenbrookes Hospital. We will guide you in looking at university open days and help you target the medical schools most suited to you and your career goals. You will have the opportunity to take part in workshops run by University of Cambridge medical students, who will support you as you prepare for the UCAT / BMAT entry assessment tests.

Year 2 Med Squad Programme

You will spend time working on a one-to-one basis with the Med Squad team and University of Cambridge medical students as they support you with your UCAS personal statement and mentor you in preparing for medical school interviews. In the first term you will take part in a practice interview session, based on the Multiple Mini Interview (MMI) model popular with the majority of UK medical schools; our Senior Managers, including our Principal Yolanda Botham, and University of Cambridge medical students will act as interviewers to create a realistic interview environment.



MEET SCHOLAR STUDENT, TABBY

My favourite thing about being a Long Road student is the community. I have found staff and students extremely friendly, making my time at college enjoyable. Also, the opportunities provided, and the college staffs hard work, has benefitted me immensely, through new experiences, work placements, and future choices available to me. The summer work experience was very valuable in discovering my likes and dislikes, as well as providing solid substance for my personal statement.

My advice to Year 1 students is to try all opportunities available and to not put off revision until the last minute. Although don't revise too much to the point of burnout, as recovery is longer than you think and will impact your Year 2 studies. Vitally remember to enjoy the social aspects of Sixth Form. Currently, I am building on my Year 1 experience and studies by ensuring my revision is effective, so I can achieve the top grades to secure my university offer as well as working towards the next step in my career goals.

Last year, I spent my scholarship money on revision resources for my subjects, such as Gizmo, as well as travel costs to visit universities. This year I plan to use it to purchase additional stationary, and continue with the study subscriptions, however I aim to save most of my scholarship money in preparation for university next year.

TABBY

Secondary School: Soham Village College

Year 2 Student

Studying: Biology A Level Chemistry A Level Maths A Level Further Maths A Level

Progression Goals: Research Scientist

<u>Click here to apply for the</u> <u>Long Road Scholars</u> <u>Award today!</u>



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